

Healthy Traditions 5K Run & Walk

at the 14th Annual

Mihsihkinaahkwa Powwow

Saturday, August 8, 2009 @ 8:00am

www.miamipowwow.org

DISTANCES: 5K RUN & WALK (check-in & late registration @ 7:15am)

PLACE: Morsches Park, Columbia City, IN (just south of US 30 on SR 205)

ADULT FEE: \$15 (includes t-shirt and admission to the Powwow)

CHILD/YOUTH FEE (17 and under): \$10 (includes t-shirt and admission to the Powwow)

QUESTIONS: visit www.miamipowwow.org or contact Dani @ (260) 244-7843

REGISTRATION: Mail entry form to:

Powwow Fun Run
c/o Dani Tippmann
130 E 400 S
Columbia City, IN 46725

NO PETS ALLOWED ON THE COURSE DURING THE RUN

NO BABYJOGGERS PERMITTED

PLEASE USE ONLY ONE FORM PER REGISTERED PARTICIPANT (This form may be photo copied)

Name: _____

Address: _____

City/State/Zip: _____

Age: _____ Sex: _____ Phone: _____

Email: _____

T-SHIRT: YOUTH _____ SM _____ M _____ L _____ XL _____

5K RUN or 5K WALK (\$15 adult / \$10 child/youth): _____ Donation to Powwow Fund: _____

TOTAL AMOUNT ENCLOSED: _____ (Checks payable to: Whitley County Community Foundation)

Waiver: In consideration of the acceptance of this entry form, I waive myself and all my heirs and all their claims for damages against the sponsors of the Mihsihkinaahkwa Powwow Fun Run and its representatives and all race officials and volunteers for injuries received during and as a result of this event. If I should suffer injury or illness, I authorize officials at the event to use their discretion to have me treated and to be transported to a medical facility and I take full responsibility for this action. I authorize the Mihsihkinaahkwa Powwow Fun Run to photograph or video tape my participation in this event. I certify that I am physically fit and sufficiently prepared myself for this event. I HAVE READ AND UNDERSTAND THE FORM I AM SIGNING.

Signature (guardian if under 18)

Date